Learn more, remember more, apply more

Primary Learning Journey for PHSE/RSHE

Maplefields Key Curriculum Drivers

Golden Concepts

- Respect
- Safety
- Communication
- Health
- Relationships

Summer Term

Term 6 Relationships

- Marriage- forced marriage, loving relationships, civil partnerships, arranged marriage.
- Yr 6 puberty- changes and differences between boys and girls in puberty.
- Being safe- Online safety eg: Risks of uploading content
- Bullying
- Respectful relationships
- Changes in adolescents body

Term 5 Living in the wider community

NSPCC- Speak out, stay safe:
Physical abuse and bullying.
Emotional abuse and speaking out skills
Sexual abuse
Neglect

Spring Term

Term 3 Relationships

- Positive relationships, pressure, unhealthy, family, friends,
- Equality of all disabilities, stereotypes, discrimination, bullying, aggressive behaviours

Understand actions have consequences- positive and negative

- Stereotyping/bullying
- Respectful relationships
- Caring friendships

Term 4 Health and wellbeing

First Aider

- Understand people's rights and responsibilities, laws, rules, making rules, challenging rules, practices against human rights
- Diversity in the UK, people, places, views, opinions, differences, beliefs

Respectful relationships, Caring friendships,

- Emotions
- First aid
- Health and prevention
- Physical health and fitness- Healthy eating and first aid

Autumn Term

Term 2 Living in the wider community

- Understand the differences between surprises, secrets, challenges and dares- peer pressure.
- Money- budgeting, spending, saving, tax, loans, interest and debt, enterprise skills.
- Drugs/alcohol/tobacco
- Mental health
- Emotions
- Caring friendships

Term 1 Health and well being

- Keeping personal information safe, passwords, pins, images, and social media.
- Risks and dangers – road, rail, online, drugs and alcohol, habits and caffeine, cycling safety
- Internet safety and harm
- Online relationships- respecting everyone regardless of race, religion, gender
- Emotions
- Being safe

UKS2

Summer Term

Term 5 Living in the wider community

NSPCC- Speak out, stay safe:
Physical abuse and bullying.
Emotional abuse and speaking out skills
Sexual abuse
Neglect

Term 6 Relationships

- Collaborative working, teamwork, sharing goals, and achievements.
- Respect others opinions, ideas and confidentiality.

Topical issues- local and world news

- Being safe
- Bullying, including online
- Respectful relationships
- Caring friendships

Spring Term

Term 4 Health and wellbeing

- Dares and habits
- Hazards, safety and abiding by rules to keep safe- Road, rail, water, fire, cycling
- Mental health

Caring friendships

- Emotions
- Changing adolescents body
- Being safe

Term 3 Relationships

- Understand disputes, conflicts and apologies.
- Tolerance of others- discrimination and making the right choices
- Negotiation and compromise.
- Respectful relationships
- Stereotyping, bullying
- Mental health and emotions

Autumn Term

Term 1 Health and wellbeing

- Health and hygiene- bacteria, virus, infections, hygiene routines such as washing hands.
- Drugs, alcohol, medicines- safe and unsafe, other people's beliefs.
- Emergency first aid
- Respectful relationships,
- First aid,
- Internet safety and harm
- Online relationships
- Emotions
- Physical health and fitness
- Healthy eating
- Drugs/alcohol/tobacco

First Aider

Term 2 Living in the wider community

- Responsibilities at school, home, wider community and groups I belong too.
- Money- enterprise skills, saving, spending, loans.
- Jobs and qualities that are needed to do them well.
- Caring friendships
- Respectful relationships
- Families

LKS2

Term 6 Relationships

- Money- where it comes from, saving and spending.
- Feelings- bodies, hurt, comfortable, bullying, teasing,
- Strangers
- Families, respectful relationships
- Being safe- E safety and real life abuse,
- Bullying
- Physical health and fitness

Term 5 Living in the wider community

- NSPCC- Speak out, stay safe:

Physical abuse and bullying.
Emotional abuse and speaking out skills
Sexual abuse
Neglect

Summer Term

Term 3 Relationships

- Resolving arguments, share opinions, cooperating, discussions
- Understanding people have differences and similarities.
- Special people and caring for others, giving and receiving.
- Respectful relationships, families, caring friendships
- Online relationships,
- Internet safety and harm
- Stereotyping/bullying

Term 4 Health and wellbeing

- E safety – online bullying, animal magic cartoon
- Goals and target setting, understanding their achievements and strengths

Environment and how we influence it

- Families, caring friendships
- Online relationships
- Internet safety and harm
- Emotions

Spring Term

Term 2 Living in the wider community

- Understand groups and communities.
- Where we belong
- Special people- 999
- Caring friendships,
- respectful relationships
- Families

Term 1 Health and wellbeing

- Healthy eating and exercise
- Medicines and household products
- Hygiene, cleanliness and dental health
- Emotions
- Being safe
- Drugs/alcohol/tobacco
- Health and prevention

Autumn Term

KS1 Cycle B

Summer Term

Term 5 Living in the wider community

NSPCC- Speak out, stay safe:
Physical abuse and bullying.
Emotional abuse and speaking out skills
Sexual abuse
Neglect

Term 6 Relationships

- Understand the difference between secret and surprise.
- Bullying, teasing, accepting others and disabilities- understanding everyone is unique
- Being safe- boundaries, harmful, relationships,
- Bullying
- Respectful relationships, caring friendships.

Spring Term

Term 4 Health and wellbeing

- Road, fire, sun and water safety- emergency services- 999
- Understanding feelings and emotions
- Changes and losses
- Families, caring friendships
- Emotions
- Being safe
- Mental health

Term 3 Relationships

- Communicating, feelings, emotions and empathy.
- Understanding behaviours
- Right from wrong, fair and unfair
- Respectful relationships, caring friendships, families
- Online relationships,
- Internet safety and harm- views they see should they believe?
- Emotions

KS1 Cycle A

Autumn Term

Term 1 Health and wellbeing

- Likes and dislikes/choices.
- Growing- Young to old
- Respect privacy
- Families, Caring friendships, respectful relationships
- Being safe- who to trust
- Emotions
- Changing bodies

Term 2 Living in the wider community

Rules in other places, do they change or stay the same

- Money- where do we get it from?
- Caring friendships, respectful relationships
- Healthy eating
- Physical fitness