

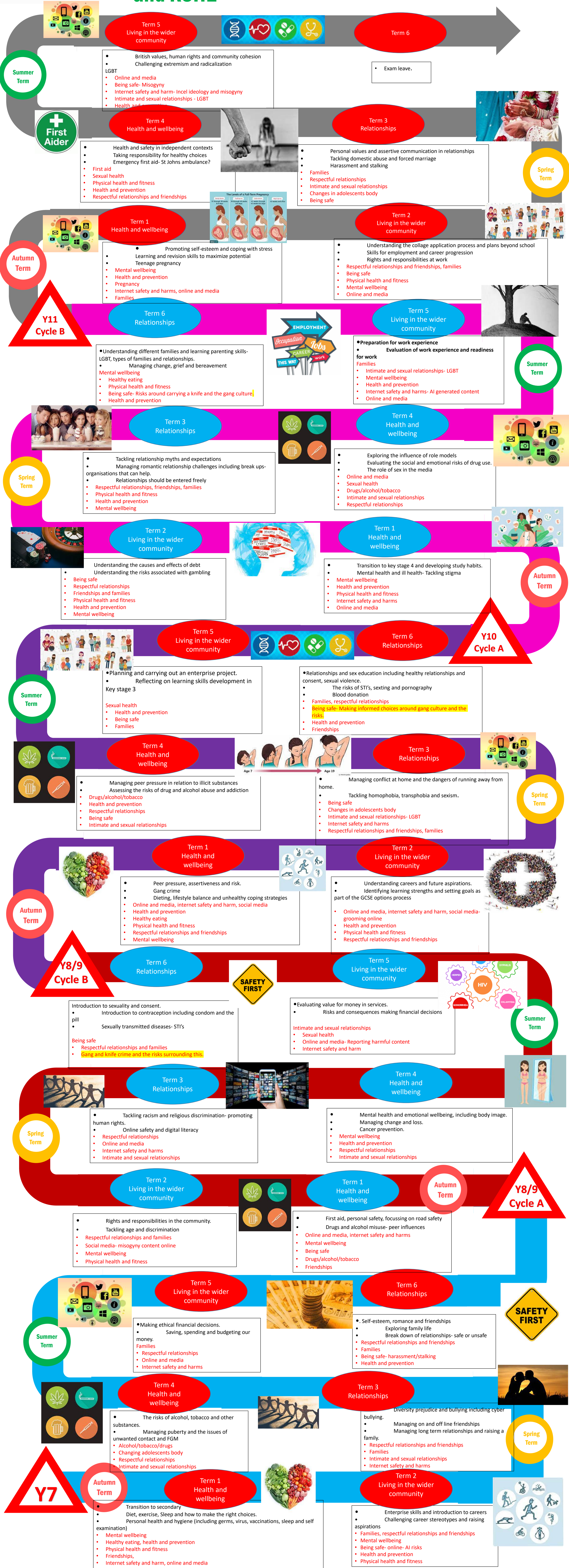
Learn more, remember more, apply more

Maplefields Key Curriculum Drivers



Learning Journey for PHSE and RSHE

Golden Concepts



Summer Term

Term 5
Living in the wider community

- British values, human rights and community cohesion
- Challenging extremism and radicalization
- LGBT
 - Online and media
 - Being safe- Misogyny
 - Internet safety and harm- Incel ideology and misogyny
 - Intimate and sexual relationships - LGBT
 - Health and prevention

Term 6

- Exam leave.

First Aider

Term 4
Health and wellbeing

- Health and safety in independent contexts
- Taking responsibility for healthy choices
- Emergency first aid- St Johns ambulance?
- First aid
- Sexual health
- Physical health and fitness
- Health and prevention
- Respectful relationships and friendships

Term 3
Relationships

- Personal values and assertive communication in relationships
- Tackling domestic abuse and forced marriage
- Harassment and stalking
- Families
- Respectful relationships
- Intimate and sexual relationships
- Changes in adolescents body
- Being safe

Autumn Term

Term 1
Health and wellbeing

- Promoting self-esteem and coping with stress
- Learning and revision skills to maximize potential
- Teenage pregnancy
- Mental wellbeing
- Health and prevention
- Pregnancy
- Internet safety and harms, online and media
- Families

Term 2
Living in the wider community

- Understanding the collage application process and plans beyond school
- Skills for employment and career progression
- Rights and responsibilities at work
- Respectful relationships and friendships, families
- Being safe
- Physical health and fitness
- Mental wellbeing
- Online and media

Y11 Cycle B

Term 6
Relationships

- Understanding different families and learning parenting skills- LGBT, types of families and relationships.
- Managing change, grief and bereavement
- Mental wellbeing
 - Healthy eating
 - Physical health and fitness
 - Being safe- Risks around carrying a knife and the gang culture
 - Health and prevention

Term 5
Living in the wider community

- Preparation for work experience
- Evaluation of work experience and readiness for work
 - Intimate and sexual relationships- LGBT
 - Mental wellbeing
 - Health and prevention
 - Internet safety and harms- AI generated content
 - Online and media

Spring Term

Term 3
Relationships

- Tackling relationship myths and expectations
- Managing romantic relationship challenges including break ups- organisations that can help.
- Relationships should be entered freely
- Respectful relationships, friendships, families
- Physical health and fitness
- Health and prevention
- Mental wellbeing

Term 4
Health and wellbeing

- Exploring the influence of role models
- Evaluating the social and emotional risks of drug use. The role of sex in the media
- Online and media
- Sexual health
- Drugs/alcohol/tobacco
- Intimate and sexual relationships
- Respectful relationships

Autumn Term

Term 2
Living in the wider community

- Understanding the causes and effects of debt
- Understanding the risks associated with gambling
- Being safe
- Respectful relationships
- Friendships and families
- Physical health and fitness
- Health and prevention
- Mental wellbeing

Term 1
Health and wellbeing

- Transition to key stage 4 and developing study habits.
- Mental health and ill health- Tackling stigma
- Mental wellbeing
- Health and prevention
- Physical health and fitness
- Internet safety and harms
- Online and media

Summer Term

Term 5
Living in the wider community

- Planning and carrying out an enterprise project.
- Reflecting on learning skills development in Key stage 3
- Sexual health
 - Health and prevention
 - Being safe
 - Families

Term 6
Relationships

- Relationships and sex education including healthy relationships and consent, sexual violence.
- The risks of STI's, sexting and pornography
- Blood donation
- Families, respectful relationships
- Being safe- Making informed choices around gang culture and the risks
- Health and prevention
- Friendships

Spring Term

Term 4
Health and wellbeing

- Managing peer pressure in relation to illicit substances
- Assessing the risks of drug and alcohol abuse and addiction
- Drugs/alcohol/tobacco
- Health and prevention
- Respectful relationships
- Being safe
- Intimate and sexual relationships

Term 3
Relationships

- Managing conflict at home and the dangers of running away from home.
- Tackling homophobia, transphobia and sexism.
- Being safe
- Changes in adolescents body
- Intimate and sexual relationships- LGBT
- Internet safety and harms
- Respectful relationships and friendships, families

Autumn Term

Term 1
Health and wellbeing

- Peer pressure, assertiveness and risk.
- Gang crime
- Dieting, lifestyle balance and unhealthy coping strategies
- Online and media, internet safety and harm, social media
- Health and prevention
- Healthy eating
- Physical health and fitness
- Respectful relationships and friendships
- Mental wellbeing

Term 2
Living in the wider community

- Understanding careers and future aspirations.
- Identifying learning strengths and setting goals as part of the GCSE options process
- Online and media, internet safety and harm, social media- grooming online
- Health and prevention
- Physical health and fitness
- Respectful relationships and friendships

Y8/9 Cycle B

Term 6
Relationships

- Introduction to sexuality and consent.
- Introduction to contraception including condom and the pill
- Sexually transmitted diseases- STI's
- Being safe
 - Respectful relationships and families
 - Gang and knife crime and the risks surrounding this

Term 5
Living in the wider community

- Evaluating value for money in services.
- Risks and consequences making financial decisions
- Intimate and sexual relationships
 - Sexual health
 - Online and media- Reporting harmful content
 - Internet safety and harm

Spring Term

Term 3
Relationships

- Tackling racism and religious discrimination- promoting human rights.
- Online safety and digital literacy
- Respectful relationships
- Online and media
- Internet safety and harms
- Intimate and sexual relationships

Term 4
Health and wellbeing

- Mental health and emotional wellbeing, including body image.
- Managing change and loss.
- Cancer prevention.
- Mental wellbeing
- Health and prevention
- Respectful relationships
- Intimate and sexual relationships

Autumn Term

Term 2
Living in the wider community

- Rights and responsibilities in the community.
- Tackling age and discrimination
- Respectful relationships and families
- Social media- misogyny content online
- Mental wellbeing
- Physical health and fitness

Term 1
Health and wellbeing

- First aid, personal safety, focussing on road safety
- Drugs and alcohol misuse- peer influences
- Online and media, internet safety and harms
- Mental wellbeing
- Being safe
- Drugs/alcohol/tobacco
- Friendships

Summer Term

Term 5
Living in the wider community

- Making ethical financial decisions.
- Saving, spending and budgeting our money.
- Families
- Respectful relationships
- Online and media
- Internet safety and harms

Term 6
Relationships

- Self-esteem, romance and friendships
- Exploring family life
- Break down of relationships- safe or unsafe
- Respectful relationships and friendships
- Families
- Being safe- harassment/stalking
- Health and prevention

Spring Term

Term 4
Health and wellbeing

- The risks of alcohol, tobacco and other substances.
- Managing puberty and the issues of unwanted contact and FGM
- Alcohol/tobacco/drugs
- Changing adolescents body
- Respectful relationships
- Intimate and sexual relationships

Term 3
Relationships

- Diversity prejudice and bullying including cyber bullying.
- Managing on and off line friendships
- Managing long term relationships and raising a family.
- Respectful relationships and friendships
- Families
- Intimate and sexual relationships
- Internet safety and harms

Y7

Term 1
Health and wellbeing

- Transition to secondary
- Diet, exercise, sleep and how to make the right choices.
- Personal health and hygiene (including germs, virus, vaccinations, sleep and self examination)
- Mental wellbeing
- Healthy eating, health and prevention
- Physical health and fitness
- Friendships
- Internet safety and harm, online and media

Term 2
Living in the wider community

- Enterprise skills and introduction to careers
- Challenging career stereotypes and raising aspirations
- Families, respectful relationships and friendships
- Mental wellbeing
- Being safe- online- AI risks
- Health and prevention
- Physical health and fitness