

Subject: PHSE

Golden Concept: Safety

Purpose:

The purpose of safety education in the PSHE component of the national curriculum is to empower students with the knowledge, skills, and attitudes necessary to lead safe, healthy, and responsible lives. It aims to provide a foundation for their well-being, both during their school years and as they transition into adulthood.

Well-being of Students, Risk Awareness and Management, Health and Physical Safety, Prevention of Harmful Behaviours, Digital Safety, Social and Emotional Safety, Legal and Ethical Considerations, Preparation for Adulthood.

Assessment:

Teachers will enable different assessment tools to take place across all key stages, this may include:

Written Tests/Quizzes: Develop quizzes or written tests that cover essential safety principles and procedures.

Behavioural Observation: Observe individuals in real-life situations to see if they follow safety guidelines and use appropriate safety measures.

Demonstrations: Ask individuals to demonstrate specific safety procedures or use safety equipment.

Simulations: Create realistic scenarios that require individuals to apply safety knowledge in a simulated environment.

Cross curriculum:

Mathematics: Teach students to analyze and interpret statistical data related to safety incidents. Integrate mathematical concepts into solving problems related to risk assessment and probability.

Science: Emphasize safety protocols in laboratories, including proper handling of chemicals and equipment. Discuss case studies of historical scientific incidents to highlight the importance of safety.

Art and Design: Emphasize the safe use of art supplies and equipment. Discuss the importance of proper ventilation and workspace organization in art studios.

Physical Education: Teach proper warm-up and cool-down techniques to prevent injuries. Integrate discussions on sports safety and the importance of following rules during physical activities.

Technology and Computer Science: Incorporate lessons on cybersecurity and safe online behaviour. Teach responsible use of technology, including proper ergonomics to prevent physical strain.

Key Stage or stage breakdown:

Key Stage 1 (Stages 1-2):

Basic understanding of personal safety (e.g., road safety, stranger danger).

Simple hygiene practices.

Understanding emotions and expressing feelings.

Key Stage 2 (Stages 3-6):

Further development of personal safety awareness.

Introduction to online safety.

Building healthy relationships and understanding consent.

Basic first aid.

Key Stage 3 (Stages 7-9):

Advanced topics in online safety, including cyberbullying and digital citizenship.

Exploring the effects of substance abuse.

Developing emotional resilience and mental well-being.

Understanding sexual health and relationships.

Key Stage 4 (Stages 10-11):

Advanced discussions on topics such as drug and alcohol abuse, safe driving, and responsible decision-making.

Preparing for adulthood, including financial literacy and economic well-being.

Further exploration of mental health issues and coping strategies.