

Purpose:

Relationships within PSHE serve the overarching goal of helping individuals develop the knowledge, skills, and attitudes necessary for healthy, fulfilling, and socially responsible lives.

Social and Emotional Development: Relationships contribute significantly to the social and emotional development of individuals. **Understanding Diversity:** Relationships expose individuals to diverse perspectives, backgrounds, and cultures. **Respect and Empathy:** Relationships provide a platform for teaching and practicing respect and empathy

Assessment:

Teachers will enable different assessment tools to take place across all key stages, this may include:

Creative Projects: Allow students to express their understanding of relationships through creative projects such as art, music, or drama.

Class Discussions: Facilitate class discussions on topics related to relationships, communication, and empathy.

Group Projects: Assign group projects that require collaboration and teamwork. Evaluate how well students contribute to the group, resolve conflicts, and communicate with their peers.

Observation: Observe students' interactions with peers, teachers, and other individuals in various settings.

Role Plays and Scenarios: scenarios that simulate real-life interpersonal situations.

Cross curriculum:

Language Arts/English: Literature, including fiction and non-fiction texts, often explores relationships between characters. Children learn about the dynamics of friendships, family relationships, and interpersonal connections.

Through reading and writing activities, students may express and analyse different aspects of relationships, enhancing their emotional intelligence and empathy.

Science: In science, students may explore relationships in ecosystems, studying how different organisms depend on each other and interact within a given environment. Physics and chemistry concepts may also highlight relationships, such as cause and effect, action and reaction, and the interdependence of variables.

Mathematics: Math involves problem-solving and critical thinking, which can indirectly contribute to the development of relational skills. For example, students might analyse patterns, make connections between different mathematical concepts, and work collaboratively on problem-solving tasks.

Physical Education (PE) and Health: PE and health education may address relationships in the context of teamwork, communication, and sportsmanship. Students learn about the importance of cooperation and mutual respect in physical activities.

Key Stage or stage breakdown:

Key Stage 1 (Stages 1-2):

Friendship Skills: Expand on friendship concepts, teaching children to communicate effectively, resolve conflicts, and understand the perspectives of others.

Emotional Literacy: Develop emotional literacy by recognizing and expressing feelings and understanding the impact of emotions on relationships.

Key Stage 2 (Stages 3-6):

Healthy Relationships: Explore the characteristics of healthy relationships, including trust, respect, and communication.

Conflict Resolution: Teach problem-solving and conflict resolution skills, emphasizing the importance of empathy and compromise.

Online Relationships: Introduce concepts related to online relationships, including internet safety and responsible online behaviour.

Key Stage 3 (Stages 7-9):

Puberty and Adolescence: Address physical and emotional changes during puberty, emphasizing the importance of self-respect and respecting others.

Relationship Dynamics: Explore more complex aspects of relationships, including peer pressure, stereotypes, and the impact of media on perceptions of relationships.

Sex and Relationships Education (SRE): Introduce basic concepts of sex education and consent.

Key Stage 4 (Stages 10-11):

Consent and Healthy Sexuality: Expand on the understanding of consent, healthy sexual relationships, and responsible behaviour.

Safety in Relationships: Address issues related to dating violence, harassment, and online safety.

Future Relationships: Discuss aspects of planning for future relationships, including career aspirations, family planning, and financial responsibility.