

Relationships.
Year 8/9 Cycle A term 3- PHSE: Tackling racism and religious discrimination- promoting human rights.

PHSE Golden Concepts

Respect

Safety

Communication

Health

Relationships

Key Vocabulary

Racism:	Prejudice, discrimination, or antagonism directed against someone of a different race based on the belief that one's own race is superior.
Equality:	The state of being treated the same and given the same opportunities, regardless of background, race, or religion.
Prejudice:	A preconceived opinion not based on reason or actual experience. Discrimination: Unfair treatment based on personal characteristics such as race, religion, or gender.
Human Rights:	The basic rights and freedoms that belong to every person, including the right to equality and freedom from discrimination.
Discrimination:	Treating someone unfairly or unjustly because of their religious beliefs.

What I will know by the end of the unit:

Why it is important to tackle racism and how to promote human rights.

Importance of Tackling Racism and Religious Discrimination

Impact on individuals and communities: Racism and discrimination can harm mental health, create social divisions, and prevent equal opportunities.

Equality and fairness: Emphasize why it's important for everyone to be treated fairly, regardless of their race or religion.

Diversity and inclusion: Highlight how different cultures, backgrounds, and beliefs can enrich communities and society.

Ways to Promote Human Rights

Respecting diversity: Treating all individuals with respect, regardless of their background.

Education and awareness: Raising awareness of different cultures, religions, and races to foster understanding.

Empathy and support: Encouraging empathy by standing up for those who face discrimination.

Active bystander behaviour: How students can safely intervene when they witness racism or religious discrimination.

Speaking out against injustice: Encouraging students to be vocal about human rights and equality, whether through discussions, campaigns, or social media.



Relationships.
Year 8/9 Cycle A term 3- PHSE: Online safety and digital literacy

PHSE Golden Concepts

Respect

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Key Vocabulary

Privacy:	The right to control and protect personal information online.
Secure Passwords:	The practice of creating strong, unique passwords to protect online accounts.
Phishing:	A form of online scam where attackers trick individuals into giving up personal information (e.g., passwords, credit card numbers).
Digital Footprint:	The trail of data you leave behind when you use the internet, which includes social media posts, browsing history, and online interactions.

What I will know by the end of the unit:

Understand what digital footprint means and how to keep safe online.

Digital Footprint

What is a Digital Foot print?: Explain that everything shared or posted online creates a permanent record that can be seen by others.

Long-Term Effects: Discuss the potential long-term consequences of what is shared online, including how it can affect future opportunities (e.g., college admissions or job prospects).

Managing a Positive Digital Footprint: Encourage students to think carefully before posting or sharing anything and to be mindful of the images and content they create.

Privacy and Security Online

Protecting Personal Information: Teach students about the importance of not sharing personal details, including passwords, location, and contact information.

Secure Websites: Show how to identify secure websites (look for “https” and a padlock icon).

Privacy Settings: Encourage students to use privacy settings on social media and other online platforms to control who sees their information.

Two-Factor Authentication: Explain how two-factor authentication (2FA) adds an extra layer of security to online accounts.

Recognizing and Avoiding Online Scams

Phishing: Teach students how to recognize phishing scams, which often appear as fake emails or websites asking for personal information.

Avoiding Unsolicited Messages: Explain how to identify and avoid unsolicited messages from strangers online, which could be attempts to scam or manipulate.

Reporting Suspicious Activity: Encourage students to report any suspicious emails, messages, or websites to a trusted adult or through the relevant platform tools.