



Maplefields Academy

Relationships and Health Education (RHE)/Relationships and Sex Education (RSE) Topic Mapping

KS1	<u>Cycle A</u> Term 1: Families, Caring friendships, respectful relationships Being safe Emotions Changing bodies	<u>Cycle B</u> Term 1: Emotions Being safe Drugs/alcohol/tobacco Health and prevention
	Term 2: Caring friendships, respectful relationships Being safe	Term 2: Caring friendships, respectful relationships Families
	Term 3: Respectful relationships, caring friendships, families Online relationships, Internet safety and harm Emotions	Term 3: Respectful relationships, families, caring friendships Online relationships, Internet safety and harm Stereotyping/bullying
	Term 4: Families, caring friendships Emotions Being safe Mental health	Term 4: Families, caring friendships Online relationships Internet safety and harm Emotions
	Term 5: Physical fitness Healthy eating Being safe	Term 5: Physical fitness and health Bullying Respectful relationships
	Term 6: Being safe Bullying Respectful relationships, caring friendships.	Term 6: Families, respectful relationships Being safe Bullying Physical health



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LKS2	Term 1: Respectful relationships, First aid, Internet safety and harm Online relationships Emotions Physical health and fitness Being safe Drugs/alcohol/tobacco	UKS2	Term 1: Internet safety and harm Online relationships Emotions Being safe Drugs/alcohol/tobacco
	Term 2: Caring friendships Respectful relationships Families		Term 2: Drugs/alcohol/tobacco Mental health Emotions Caring friendships Respectful relationships
	Term 3: Respectful relationships Stereotyping, bullying Mental health and Emotions		Term 3: Stereotyping/bullying Respectful relationships Caring friendships
	Term 4: Caring friendships Emotions Changing adolescents' body Being safe		Term 4: Respectful relationships, Caring friendships, Emotions First aid Health and prevention Physical health and fitness Changes of adolescent's body-SEX EDUCATION
	Term 5: Physical health and fitness Healthy eating Being safe		Term 5: Physical health and fitness Healthy eating Being safe
	Term 6: Being safe Bullying Respectful relationships Caring friendships		Term 6: Being safe Bullying Respectful relationships Changes in adolescents' body



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Year 7	Term 1: Mental wellbeing Healthy eating, health and prevention Physical health and fitness Friendships, Internet safety and harm, online and media
	Term 2: Families, respectful relationships and friendships Mental wellbeing Being safe Health and prevention Physical health and fitness
	Term 3: Respectful relationships and friendships Families Intimate and sexual relationships Internet safety and harms
	Term 4: Alcohol/tobacco/drugs Changing adolescents' body Respectful relationships Intimate and sexual relationships
	Term 5: Families Respectful relationships Online and media Internet safety and harms
	Term 6: Respectful relationships and friendships Families Being safe Health and prevention



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YEAR 8/9	<p><u>Cycle A</u></p> <p>Term 1:</p> <p>Online and media, internet safety and harms</p> <p>Mental wellbeing</p> <p>Being safe</p> <p>Drugs/alcohol/tobacco</p> <p>Friendships</p>	<p><u>Cycle B</u></p> <p>Term 1:</p> <p>Online and media, internet safety and harm, social media</p> <p>Health and prevention</p> <p>Healthy eating</p> <p>Physical health and fitness</p> <p>Respectful relationships and friendships</p> <p>Mental wellbeing</p>
	<p>Term 2:</p> <p>Respectful relationships and families</p> <p>Social media</p> <p>Mental wellbeing</p> <p>Physical health and fitness</p>	<p>Term 2:</p> <p>Online and media, internet safety and harm, social media</p> <p>Health and prevention</p> <p>Physical health and fitness</p> <p>Respectful relationships and friendships</p>
	<p>Term 3:</p> <p>Respectful relationships</p> <p>Online and media</p> <p>Internet safety and harms</p> <p>Intimate and sexual relationships</p>	<p>Term 3:</p> <p>Being safe</p> <p>Changes in adolescents' body</p> <p>Intimate and sexual relationships</p> <p>Internet safety and harms</p> <p>Respectful relationships and friendships, families</p>
	<p>Term 4:</p> <p>Mental wellbeing</p> <p>Health and prevention</p> <p>Respectful relationships</p> <p>Intimate and sexual relationships</p>	<p>Term 4:</p> <p>Drugs/alcohol/tobacco</p> <p>Health and prevention</p> <p>Respectful relationships</p> <p>Being safe</p> <p>Intimate and sexual relationships</p>
	<p>Term 5:</p> <p>Intimate and sexual relationships</p> <p>Sexual health</p> <p>Online and media</p> <p>Internet safety and harm</p>	<p>Term 5:</p> <p>Sexual health</p> <p>Health and prevention</p> <p>Being safe</p> <p>Families</p>
	<p>Term 6:</p> <p>Being safe</p> <p>Respectful relationships and families</p> <p>Health and prevention</p>	<p>Term 6:</p> <p>Families, respectful relationships</p> <p>Being safe</p> <p>Health and prevention</p> <p>Friendships</p>



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YEAR 10/11

Cycle A	Cycle B
Term 1: Mental wellbeing Health and prevention Physical health and fitness Internet safety and harms Online and media	Term 1: Mental wellbeing Health and prevention Pregnancy Internet safety and harms, online and media Families
Term 2: Being safe Respectful relationships Friendships and families Physical health and fitness Health and prevention Mental wellbeing	Term 2: Respectful relationships and friendships, families Being safe Physical health and fitness Mental wellbeing Online and media
Term 3: Respectful relationships, friendships, families Physical health and fitness Health and prevention Mental wellbeing	Term 3: Families Respectful relationships Intimate and sexual relationships Changes in adolescents' body Being safe
Term 4: Online and media Sexual health Drugs/alcohol/tobacco Intimate and sexual relationships Respectful relationships	Term 4: First aid Sexual health Physical health and fitness Health and prevention Respectful relationships and friendships
Term 5: Families Intimate and sexual relationships Mental wellbeing Health and prevention Internet safety and harms Online and media	Term 5: Online and media Being safe Internet safety and harm Intimate and sexual relationships Health and prevention
Term 6: Mental wellbeing Healthy eating Physical health and fitness Being safe Health and prevention	Term 6: Recap on previous topics and plug gaps.