

# Subject: Physical Education

## Golden Concept: Teamwork and Communication.

**Purpose:** In the UK National Curriculum, Physical Education (PE) places a significant emphasis on teamwork and communication as essential components of a well-rounded education. The purpose of integrating these elements into PE goes beyond the development of physical skills and fitness. Here are some key reasons:

### **Social Development**

### **Life Skills**

### **Health and Well-being**

### **Team Sports**

### **Inclusive Learning**

### **Personal and Social Education**

**Assessment:** Assessing the effectiveness of incorporating teamwork and communication in Physical Education within the UK National Curriculum involves considering various factors. Here are some of the ways we assess the impact:

### **Observations**

### **Student Feedback**

### **Performance Assessments**

### **Inclusive Practices**

### **Integration with Curriculum Objectives**

### **Teacher Reflections**

### **Long-Term Impacts**

### **Cross curriculum:**

#### **Mathematics:**

Measurement and Data: PE activities involve measurements such as distance, time, and speed. Students can apply mathematical concepts to analyse and interpret data related to their performance in activities like running, jumping, or throwing.

#### **Science:**

Anatomy and Physiology: PE provides a practical context for studying the human body, including muscles, bones, and cardiovascular systems. Students can explore how the body responds to exercise and the physiological principles behind physical activity.

#### **English/Language Arts:**

Writing and Communication: Students can write reflective essays, journals, or reports about their experiences in PE. Communication skills are also developed when students discuss strategies, rules, and tactics during team sports.

### **Key Stage or stage breakdown:**

Assessing teamwork and communication in Physical Education (PE) involves a combination of observation, direct assessment, and feedback mechanisms. Here are several methods to assess these skills in a PE setting:

#### **Observation:**

#### **Teamwork:**

Observe how students interact during group activities, team sports, or cooperative exercises. Look for signs of collaboration, cooperation, and mutual support.

#### **Communication:**

Observe verbal and non-verbal communication between students. Look for clear and effective expression of ideas, active listening, and positive body language.

Evaluate how well students use communication to coordinate movements, strategies, and tactics during sports or group activities.

#### **Peer and Self-Assessment:**

#### **Teamwork:**

Implement peer assessment where students evaluate their teammates based on criteria such as cooperation, contribution, and support.

Encourage self-reflection where students assess their own teamwork skills and identify areas for improvement.