

What we already know (Stage 5):

- Can apply the ready position between shots in badminton.

**Net and Wall Games
Red and Purple Class**

What's next (Stage 6):

- Can apply the basic underarm serve in an isolated drill in volleyball.

Physical Education Golden Concepts

Health related fitness	Movement and agility	Teamwork and communication	Fundamental skills	Building confidence and leadership
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Key Vocabulary

Serve	Hitting the ball or shuttle to start play.
Rally	Hitting the ball back and forth with someone.
Hit	Striking the ball or shuttle with your hand, racket, or paddle.
Soft Shot	A gentle hit that lands close to the net.
Move	Walking, running, or jumping to get into the right place
Position	Standing in the best place to hit or stop the ball.
Teamwork	Working with others to keep the game going.
Talking	Using your voice or hand signals to help your team.
Game Plan	Simple ideas to try and win points.

What I will know by the end of the unit:

Serve and hit the ball or shuttle to start and continue games.
Keep a rally going with a partner or opponent.
Move and stand in the right place to play better.
Follow simple rules so everyone can play safely and have fun.
Work with my team and talk to help each other during the game.
Use simple game plans to try different ways to win points, like changing where or how I hit the ball.

