

**What we already know (Stage 6):**

- Pupils can dribble a ball in different directions and avoid obstacles (defenders) e.g. with their feet or a hockey stick.

**Invasion games**  
**Year 7**
**What's next (Stage 7):**

- Pupils can apply keeping goal side of an opponent in a game situation and explain the advantages.

**Physical Education Golden Concepts**

Health related fitness

Movement and agility

Teamwork and communication

Fundamental skills

Building confidence and leadership

**Key Vocabulary**

Dribbling	Moving with the ball in different directions and keeping possession
Passing	Giving the ball to another member of your team to move around the court/pitch
Finding space	Moving away from an opponent in order to receive the ball
Tactics	Finding ways to outwit your opponent
Marking	Standing sideways so you can see both the attacker and the ball.
Receiving	Being able to catch/stop the ball from a team member.
Tackle	Knowing how to safety tackle/intercept the ball from an opponent.
Attacking	Identifying different ways of moving towards the goal
Defending	Preventing the attacking team from scoring by intercepting/blocking the ball.

**What I will know by the end of the unit:**

I know that I need to find different ways of **attacking** space in order to outwit my opponent. This can be done through a variety of different methods including, pivot, change of pace or change of direction.

I know that I need to ensure that I am aware of the areas in which I am defending. I know that **defending** is required throughout the game and at all positions even if I am the first line of defence.

I know that working as part of a team is important during invasion games. Team work skills that I will use including **passing** and **receiving** the ball.

I know that I need to develop different **tactics** in order to outwit my opponent. Different tactics will support my team is progressing up the court/pitch to score.

I know that **dribbling** is used within invasion games such as basketball, football and hockey. I know that these require different body parts however the skill of moving forward with my head up remains the same.

