

**What we already know (Stage 1):**

- Can strike a ball using a bat or racquet.

**Net and Wall Games  
Green Class**

**What's next (Stage 2):**

- Is beginning to understand where to stand to make a game more difficult for an opponent.

**Physical Education Golden Concepts**

Health related fitness

Movement and agility

Teamwork and communication

Fundamental skills

Building confidence and leadership

**Key Vocabulary**

Serve	Hitting the ball or shuttle to start play.
Rally	Hitting the ball back and forth with someone.
Hit	Striking the ball or shuttle with your hand, racket, or paddle.
Soft Shot	A gentle hit that lands close to the net.
Move	Walking, running, or jumping to get into the right place
Position	Standing in the best place to hit or stop the ball.
Teamwork	Working with others to keep the game going.
Talking	Using your voice or hand signals to help your team.
Game Plan	Simple ideas to try and win points.

**What I will know by the end of the unit:**

Serve and hit the ball or shuttle to start and continue games.
Keep a rally going with a partner or opponent.
Move and stand in the right place to play better.
Follow simple rules so everyone can play safely and have fun.
Work with my team and talk to help each other during the game.
Use simple game plans to try different ways to win points, like changing where or how I hit the ball.

