

**What we already know (Stage 7):**

- Pupils can apply keeping goal side of an opponent in a game situation and explain the advantages.

**Invasion games**  
**Year 8**
**What's next (Stage 8):**

- Pupils can understand and explain the terms offense and defence.

**Physical Education Golden Concepts**

Health related fitness

Movement and agility

Teamwork and communication

Fundamental skills

Building confidence and leadership

**Key Vocabulary**

|                    |                                                                               |
|--------------------|-------------------------------------------------------------------------------|
| Dribbling          | Moving with the ball in different directions and keeping possession           |
| Passing            | Giving the ball to another member of your team to move around the court/pitch |
| Finding space      | Moving away from an opponent in order to receive the ball                     |
| Tactical awareness | Finding ways to outwit your opponent                                          |
| Marking            | Standing sideways so you can see both the attacker and the ball.              |
| Receiving          | Being able to catch/stop the ball from a team member.                         |
| Tackle             | Knowing how to safely tackle/intercept the ball from an opponent.             |
| Attacking          | Identifying different ways of moving towards the goal                         |
| Defending          | Preventing the attacking team from scoring by intercepting/blocking the ball. |

**What I will know by the end of the unit:**

I know that **passing** with increased accuracy will develop my team's ability to make progress within a game situation.

I know that **tactical awareness** is vital in order to outwit an opponent. Knowing ways in which to out think your opponent makes game play become high quality.

I know that staying close to the player that I am **marking** reduces the opportunity for them to **receive** the ball from there team member.

I know that **attacking** and **defending** skills are just throughout a game in order to ensure that the game is flowing. I know that when attacking I need to ensure that I am finding space to support my team and when defending staying close to my player.

I know that I need to ensure I am using the correct **pass** to me team member when in a drill or game. I need to think about the situation I am in a develop the skill to perform the correct pass.

