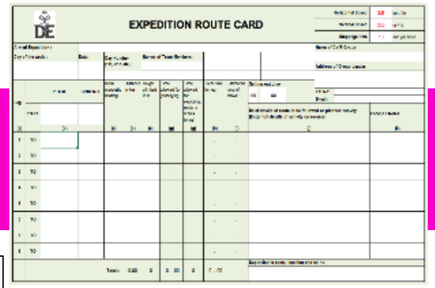
KS5 Learning Journey – Duke of Edinburgh Award

THE DUKE OF EDINBURGH'S AWARD

"to empower young people; to support them as they learn new skills, overcome obstacles, and build confidence and resilience."

Term 6

- Route planning for expeditions
- Route cards for expeditions
- Countryside code and expedition aims
- Expedition preparation
- Complete expedition
- Recording of evidence



Term 5

- First Aid – CPR/Recovery position/Cuts/Bandaging/Choking)
- Route planning for final expedition
- Recording of evidence

Summer Term

Term 3

- Map reading – physical features
- Plotting routes
- Calculating distances and time frames
- Plans for practice expedition
- Recording of evidence

Term 4

- Food choices for expedition
- Use of Trangia
- Camp craft skills (Backpack/tent)
- Route planning for practice expedition
- Recording of evidence

Spring Term

Term 2

- eDofE Online portal
- Introduction to expedition
- Orienteering/Map work
- Recording of evidence

skills

Term 1

- Introduction to DofE
- Review of sections
- Choosing of activities in each section
- Recording of evidence

KS5