



Children's Wellbeing Drop-in



Moulton Library: 27/07/26 10am- 12pm

Corby Library: 28/07/26 11:30am-1:30pm

Rothwell Library: 29/07/26 1pm-3pm

Towcester Library: 30/07/26 11am-1pm

Wootton Library: 04/08/26 11:30am-1:30pm

Duston Library: 07/08/26 10am-12pm

Irthlingborough Library: 13/08/26 10:30am-12pm

Desborough Library: 18/08/26 10:30am-12:30pm

Hunsbury Library: 18/08/26 2pm-4pm

Kettering Library: 24/08/26 10am-12pm

Brixworth Library: 27/08/26 10am-12pm



Who we are

The Children's Wellbeing Practitioner (CWP) service sits within NHFT and offers early intervention, mild to moderate mental health support for children and young people up to the age of 18 in Northamptonshire.



Wellbeing Activities

Come and take part in some wellbeing activities:

- Games
- Creative arts and crafts
- Breathing techniques
- Making your own calming keyrings
- Making a worry monster



Making a difference, together